

Austerity is Required - Part 1

Date: 2019-06-11

Author: Srilakshmi devi dasi

Hare Krishna Prabhujis and Matajis,

Dandavat pranams. All glories to Srila Prabhupada and Srila Gurudeva.

The following is a humble effort to transcribe one of the nectarean classes given by our beloved spiritual master HH Mahavishnu Goswami Maharaj on Srimad Bhagavatam verse 11.7.45

*tejasvi tapasaa dipto / durdharshodara-bhaajanah
sarva-bhakshyo 'pi yuktaatmaa / naadatte malam agni-vat*

"Saintly persons become powerful by execution of austerities. Their consciousness is unshakable because they do not try to enjoy anything within the material world. Such naturally liberated sages accept foodstuffs that are offered to them by destiny, and if by chance they happen to eat contaminated food, they are not affected, just like fire, which burns up contaminated substances that are offered to it."

(After recitation Maharaj appreciated the nice sequence of words in the above verse tejasvi, tapasaa, dipto)

Maharaj: This tapasaa we saw that austerity gives you tejasvi - the brilliantly luminous. The luminous nature is the monopoly of Krishna because from His vigrah, unlimited effulgence is coming out every second of His existence. And He is known as avyaya, no vyaya - no diminishing of His strength, doesn't diminish at all.

The sun is a representative of Krishna. Hardly during so many years, there is some fraction of thing reducing in sun because eventually this material manifestation is going to be destroyed. So before the annihilation, the large annihilation is there, sun will lose its power. As soon as the sun loses the power, then we cannot be alive here on this planet. The life depends upon sun. So fraction of the thing reduces always, but its negligible. We can't see anything because our life is very short. About 60, 70 years we cannot see any reduction and we think that it is powerful. But Krishna's vigrah never reduces in the strength. And that's why the creation is there because of effulgence, maintenance goes on because of the effulgence and again annihilation also because of the effulgence. Whenever He wants, He can withdraw the power of the sun. So if He wants to finish it today, then He doesn't have to do anything at all. Just withdraw the power of the sun and this will be null and void. This is the thing.

tejasvi tapasaa dipto, and as soon as tapas is there, we saw that austerity gives us the brilliant luminaity. And then the same time it gives you glow. So please for our own health, this austerity is required. That's why one thing - we have to stop to look at others, what they do. As soon as we stop this, then we encourage ourselves to do whatever is correct. Otherwise half of the life is wasted just looking into others. "He is not doing why should I do?" - This envious nature is there. Please drive away this and you have so much time at your disposal. Half the life is saved, if you stop criticizing others. We ourselves are full of defects. So why to find out the defects from the others?"

Krishna willing we shall continue to hear more nectar from Maharaj in the subsequent offering.

Hare Krishna.

Thank you very much,

Yours in service of Srila Prabhupada and Srila Maharaja,

Srilakshmi devi dasi,

Kurnool.

Austerity is Required - Part 2

Date: 2019-06-12

Author: Srilakshmi devi dasi

Hare Krishna Prabhujis and Matajis,

Dandavat pranams. All glories to Srila Prabhupada and Srila Gurudeva.

This is in continuation of the transcription of the nectarean classes given by our beloved spiritual master HH Mahavishnu Goswami Maharaj on Srimad Bhagavatam verse 11.7.45

*tejasvi tapasaa dipto / durdharshodara-bhaajanah
sarva-bhakshyo 'pi yuktaatmaa / naadatte malam agni-vat*

"Saintly persons become powerful by execution of austerities. Their consciousness is unshakable because they do not try to enjoy anything within the material world. Such naturally liberated sages accept foodstuffs that are offered to them by destiny, and if by chance they happen to eat contaminated food, they are not affected, just like fire, which burns up contaminated substances that are offered to it."

In the previous offering we heard from Maharaj

1) Krishna is all powerful

2) For our own good health, we should follow the austerity of not looking at others defects. Instead we introspect and correct our defects.

Now we shall see further.

Maharaj: The thing is somehow or the other very carefully we have to save the time. That's why here durdhar udara bhaajanah. durdhar means unshakable, udara bhaajanah means 'eating only that which is needed by his stomach'. And sarva bhakshyo api, everything He eats - may be contaminated food also, but because of the powerful hunger everything is digested. And this is the best rule in ayurvedic shastra. The medicine, the ayurvedic medicine is that unless you are hungry, you should not eat. And now that exactly opposite we follow. Doctors advise, "you can eat anything and everything, I'll clear you. My car will be running, eat." Can you see the size of the stomach? Just like he is carrying a jar of water in his stomach. There is no need of that. As I told you yesterday, fasting is the best medicine. Langhanam, langhanam means not even drinking water. Langhanam is known in Sanskrit; langhanam sreshta aushadam, its best best medicine. You are not habituated in that. So you don't believe in that because it depends upon your belief. What is your belief? "We can't bow down to Krishna everytime. how many times I have bowed (laughs)." (Maharaj looks at a devotee and says) Now henceforth, you should bow down.

Devotee 1: What's the word langhanam?

Maharaj: langhanam

Devotee 2: that means without water

Maharaj: Fast without water. That is langhanam. The thing is excess water, which is not thrown out by your body naturally, it creates swelling. So the less water you drink, the best it is for you. Otherwise your feet are swollen, this is swollen, that is swollen and we are habituated to take medicines to reduce the swelling. Then again it aggravates. So instead of that, walking is the best exercise. If any swelling is there any where, you please start walking. Padhayatra is the best thing. Then you don't get food, you don't have cooked food. You don't eat. Whatever you get by Krishna's mercy, you have to eat and that is the best medicine. Everybody should start walking with their feet.

Krishna willing we shall continue to hear more nectar from Maharaj in the subsequent offering.

Hare Krishna.

Thank you very much,

Yours in service of Srila Prabhupada and Srila Maharaja,
Srilakshmi devi dasi,
Kurnool.

Austerity is Required - Part 3

Date: 2019-06-13

Author: Srilakshmi devi dasi

Hare Krishna Prabhujis and Matajis,

Dandavat pranams. All glories to Srila Prabhupada and Srila Gurudeva.

This is in continuation of the transcription of the nectarean classes given by our beloved spiritual master HH Mahavishnu Goswami Maharaj on Srimad Bhagavatam verse 11.7.45. In the previous offering we heard from Maharaj

1) Krishna is all powerful

2) For our own good health, we should follow the austerity of not looking at others defects. Instead we introspect and correct our defects.

3) *langhanam parama aushadam*

Now we shall see further.

Maharaj: Once its so happened that one devotee had fever and another devotee who was working with the military for the whole of lifetime was also there. He had now retired. So he told this devotee, "Hey when I have fever, I get up. Put on shorts and run." And the fever really goes away. He says, "When I run and I perspire, the fever is gone." Really that is the medicine. **And this sicknesses they are increasing because of pampering you know.** If you are sick, then I keep saying, "He is sick, he is sick, he is sick." Then friends come and ask, "How are you? How is it? Then you become more sick. If there is nobody to ask, then keep quiet. Sickness will be there, something will go on and it will get cured. But because the other people are there, that's why they are more sick. And if people around say, "It's very hot, very hot. Hey you have fever, you have fever. Call the doctors." And doctor doesn't do anything. For the fever, very simple medicine is there in ayurvedic. This cold water you know you take cold water and this cold water and wet cloths, cloth must be put on the forehead and fever will go away in no time. These are all home medicines you know and natural no reaction.

But the thing is the austerity is not there, we are not ready to tolerate anything and because the tolerance is less so we have to stuff medicines in our body. (Referring to another devotee Maharaj said) Many times he get sick, so he sleeps. That's it. For two days we don't see him. Third day he is ready. Take rest or whatever, you know the reason of your sickness so this is austerity. Unnecessarily running out here and there will not cure you. The *udhara bhaajanah* is very nice. Austerity includes the little food which is offered to stomach according to the need. That is austerity. And it is written in Bhagavatam in 7th canto 15th chapter that in the mode of goodness, if the food is reduced to the requirement, that reduces sleep and plus gives the healthy body. **And apart from that in the health the main ingredient is the names of Krishna. Otherwise these things will not work. The more sick you are the more chanting should be there."**

Krishna willing we shall continue to hear more nectar from Maharaj in the subsequent offering.

Hare Krishna.

Thank you very much,

Yours in service of Srila Prabhupada and Srila Maharaja,

Srilakshmi devi dasi,

Kurnool.

Austerity is Required - Part 4

Date: 2019-06-14

Author: Srilakshmi devi dasi

Hare Krishna Prabhujis and Matajis,

Dandavat pranams. All glories to Srila Prabhupada and Srila Gurudeva.

This is in continuation of the transcription of the nectarean classes given by our beloved spiritual master HH Mahavishnu Goswami Maharaj on Srimad Bhagavatam verse 11.7.45. In the previous offering we heard from Maharaj

- 1) Krishna is all powerful
- 2) For our own good health, we should follow the austerity of not looking at others defects. Instead we introspect and correct our defects.
- 3) langhanam parama aushadam
- 4) Instead of pampering sickness, chant Krishna's names.

Now we shall see further.

Maharaj: (Referring to one devotee Maharaj said) "And we have experience with this devotee's father - he was lying in the hospital for one and half month. **When I came, I chanted three rounds with him and he started chanting you know. And since then he was chanting. So within fifteen days, he was out of the hospital.** And now he is already in Singapore. **Otherwise for him it was impossible to survive. But within fifteen days, he was ready with chanting.** Otherwise he was just lying in the hospital. And two daughters were there, son was there and grandson was there. So he was getting more sick. I told him don't pamper him too much. This is how you know.

Udhara bhaajanah is the part of the austerity. Here the whole verse revolves around the austerity. Then '*sarva bhakshyopi*' - if you are really hungry, then anything you can eat, and it will be digested. The pigeons are always hungry, fire is burning in their body - digestive fire. So they eat the small pebbles, they digest the pebbles also. That's our experience. They don't give always the grains. So when the grains are not available, they pick up the small pebbles, they also digest. No pigeon goes to doctor. He doesn't have any appendicitis, doesn't have any operation, stomach operation, because their life is austere. Nothing is available. Fine, eat the stone. I don't mean that you should eat stones. But to that extent **if the digestive power is powerful, you can digest anything. If the digestive power is not there, then anything you eat, becomes the source of sickness. Undigested food always is the source of sickness.** And we are careful about so many things. But about digestion, we are not careful at all.

And our nasty habit we have. It is till 12 o' clock. So we must eat. The servant comes at 12 'o clock to wash the utensils. So if you don't eat, who is going to clean? In India servants have time you know? Like doctor they come and go. And in Bombay they have their own setups. If the thing is not ready, they will go away. Then, who is going to clean? So for her cleaning, you have to eat. This is bad. Whenever I feel like, I will eat. I'll clean my utensils. Austerity is not there. Cleaning, for cleaning also we require some worker. The rooms are so small in Bombay. Nothing to be cleaned daily. But for that there are so many servants. It's a fashion. "You don't have Rama? Where is your Rama? Where is your Govinda?" (In Mumbai servants are addressed by Rama and Govinda. So Maharaj says) Atleast they are chanting the names of Krishna like this. "My Rama didn't come today, My Govinda is sick." "Your Govinda is sick. ohh serve him till the time he didn't come to clean." So they spend so much for that Govinda like anything. But for real Govinda, they don't want to spend anything. This is the austerity."

Krishna willing we shall continue to hear more nectar from Maharaj in the subsequent offering.

Hare Krishna.

Thank you very much,

Yours in service of Srila Prabhupada and Srila Maharaja,

Srilakshmi devi dasi,

Kurnool.

Austerity is Required - Part 5

Date: 2019-06-15

Author: Srilakshmi devi dasi

Hare Krishna Prabhujis and Matajis,

Dandavat pranams. All glories to Srila Prabhupada and Srila Gurudeva.

This is in continuation of the transcription of the nectarean classes given by our beloved spiritual master HH Mahavishnu Goswami Maharaj on Srimad Bhagavatam verse 11.7.45. In the previous offering we heard from Maharaj that undigested food is source of sickness. Should eat only when we are hungry, wash the utensils ourselves, chanting Krishna's names. Now we shall see further.

Maharaj: Read the translation, son.

Devotee: *"Saintly persons become powerful by execution of austerities. Their consciousness is unshakable because they do not try to enjoy anything within the material world. Such naturally liberated sages accept foodstuffs that are offered to them by destiny, and if by chance they happen to eat contaminated food, they are not affected, just like fire, which burns up contaminated substances that are offered to it."*

Maharaj: (Appreciating the first sentence of translation Maharaj said) This sentence is very good they do not try to enjoy anything in the material world. That is austerity. Otherwise the general trend is that we want only more enjoyment. And that's why the more foam we have in our house, the more sickness is there. Foam in the sense this sofa sets, so many pillows and this and that. Aah we are silly people you know, in some bedroom there was man size teddy bear. So I asked them, "You don't have child, then why this teddy bear is standing here?" That man said, "I can't sleep alone, I'll hug it and sleep here." Never imagined in India that we have to sleep with teddy bear. Please some thing nasty - for our senses we do. As it the teddy bear is fur or something. It's very dirty, whole house is dirty, the bedroom is dirty, everything is dirty and they snore. (laughter) They snore very nice you know, goes up and comes down - that music. (Maharaj imitates that sound - laughter). Man, they should be starved for twelve months. But again in the morning, they will eat. As soon as he gets up, eating is there.

Please you can judge your body, how it is working. And that is the secret of our health. We know what is happening in our body. How can a doctor or anybody else know what is happening in our body?

When once I had some swelling on the leg, there was something I think. So this Bapuji was there. We were new in Rajkot. So this bapuji was very kind to us. He said, "Come on. I will take you to doctor." So we went to the doctor. That doctor, after seeing the doctor, I thought how this man will cure us because he doesn't look alright. Because bapuji is having habit of catching any sannyasi and taking them to him. So that doctor was habituated. So he saw me - "Another sannyasi is there, Hey", he says. I told, "what crime I have committed to come to you?" (laughter) He says, "Hey, what is your name? Come on. Tell me what is happening?" I told, "I don't know. That's why we have come to you (laughter). "If you don't know, how will I know? Sugar sugar do you have sugar?", the doctor asked. I told him, "During my recent test in London, they found no sugar." As soon as he heard London, he was surprised. He said, "this sadhu is not road side sadhu." (laughter) Then he pacified a bit. Then he took out all the tablets from his drawer. These doctors get these specimen tablets. So many tablets were with him and 27 tablets he just gave and they were in the wrapper you know. "This you take in the morning, then in the afternoon." He thought that more tablets we give the more cure will be. I took them and I saw its all the specimen things. I told, "**you please keep this. It will be useful to somebody else** (laughs)." He had an experience of this sadhu denying the medicine. Otherwise the other sadhu will put all the medicines whatever he gives. I told, "I don't want these medicines you please keep it, it will be useful to else", and we left. The doctor they don't see patient, they have their own ways to do the things. Every time we are just cheated in this business.

So the best austerity is to tolerate the sickness and judge yourself what is wrong. And then slowly if it is to be cured, naturally it will be cured. Otherwise if it not to be cured by medicines it will not be cured. This is the reason of the austerity and that's why the thing is we have to reduce the material enjoyment in order to get better. But that we don't do.

Krishna willing we shall continue to hear more nectar from Maharaj in the subsequent offering.

Hare Krishna.

Thank you very much,

Yours in service of Srila Prabhupada and Srila Maharaja,

Srilakshmi devi dasi,

Kurnool.

Austerity is Required - Part 6

Date: 2019-06-16

Author: Srilakshmi devi dasi

Hare Krishna Prabhujis and Matajis,

Dandavat pranams. All glories to Srila Prabhupada and Srila Gurudeva.

This is in continuation of the transcription of the nectarean classes given by our beloved spiritual master HH Mahavishnu Goswami Maharaj on Srimad Bhagavatam verse 11.7.45. In the previous offering we heard from Maharaj that the best austerity is to tolerate the sickness and to get better we have to reduce the material enjoyment. Now we shall see further.

Maharaj: Material enjoyment we want more and more and that's why the sickness is there. ***The reason of sickness is excessive artificial standard of existence.*** Otherwise if the artificial standard is not there, there may be sickness and we may die. There is only one sickness, there is no recovering sickness at all because he doesn't have any sickness. If the body is slim, where the sickness can stay? Sickness also wants some fat. If excessive fat is not there, then where the sickness is going to stay. Excess food is not there excess juice is not there.

Man we always know that carrots are very good for eyes. (Referring to some person Maharaj said) So he brings 5 kilos of carrot and we have that mixer and he drinks the big bumper of glass you know. I told, "Man, carrot juice yes yes very good for eyes. I told what is the size of your eyes?" (laughter) He says, "2 inches". Then I told, "Why bump, how much juice you need to put in your eyes? Man eyes are only one inch or 2 inches so how much juice they require?" But no. If carrots are freely available, free mixer is there, electricity is there, somebody else crushes the whole lot for you, then you will say, "At 9 'o clock, I must get carrot juice." (laughter) Arey man does eyes only work at 9'o clock? "

"And 10 'o clock, I must have lemon juice." - Arey man one juice has gone into your body. Let it work and then we will see. But there is no consideration about these things. But there are some rules, "I must have 7 'o clock, Apple juice 9 'o clock. I must have carrot juice, 10 'o clock I must have orange juice." Then all juices he drinks and then sits in the toilet for 2 hours. Please unnecessary, unnecessary, unnecessary. Body doesn't require this. And this is the best solution of the sickness - if you reduce the material enjoyment, then its better."

Krishna willing we shall continue to hear more nectar from Maharaj in the subsequent offering.

Hare Krishna.

Thank you very much,

Yours in service of Srila Prabhupada and Srila Maharaja,

Srilakshmi devi dasi,

Kurnool.

Austerity is Required - Part 7

Date: 2019-06-17

Author: Srilakshmi devi dasi

Hare Krishna Prabhujis and Matajis,
Dandavat pranams. All glories to Srila Prabhupada and Srila Gurudeva.

This is in continuation of the transcription of the nectarean classes given by our beloved spiritual master HH Mahavishnu Goswami Maharaj on Srimad Bhagavatam verse 11.7.45. In the previous offering we heard from Maharaj that material enjoyment is the reason for our sickness. Now we shall see further.

(Maharaj requested the devotee to read the translation and purport and then began to speak.)

Maharaj: Hare Krishna Jai. That's why come what may we should not leave Prabhupada. Otherwise that is our tendency. If we don't like someone and stop doing devotional service, then we destroy ourselves. Wherever you go, at least take Prabhupada with you and you will be safe. This is the thing. Pure devotee should never be rejected. By rejecting pure devotees, we are destroying ourselves. So please whenever you find time, you stick to Prabhupada books - Pure Bhagavad Gita and pure Bhagavatam. Try to understand whatever you can. Don't understand? Without understanding also go on chanting and even then you will be benefitted. Vyasa Bhagavan is pure incarnation. Don't depend upon anybody and don't get stuck that I don't have pure devotee. This is how please we find out different excuses not to do anything. No no, this should be done. I always say that in three things we should be satisfied, what is it?

*santoṣa triṣu kartavyaḥ sva-dhāre bhojane dhane
santoṣa triṣu na kartavyaḥ svādhyāya japa dānayoḥ*

"One should be always satisfied with these three things - their spouse, the food, and the amount of wealth they obtained. One should never be satisfied with these three things - the amount of scriptural study, the amount of chanting and the amount of charity they performed."

sva-dhāre means spouse; bhojane dhane, bhojan means whatever you get to eat, you should be completely satisfied; dhan, whatever you get money, you should be completely satisfied; And wife or husband whatever we get, we should be completely satisfied. But santoṣa triṣu na kartavyaḥ - in these three things, you should not get satisfied. And that is svādhyāya japa dhānayoḥ; svādhyāya means study of the scriptures - never get satisfied. Always do something and write it out. Something you should write out. If you read it again, your writing, it will be really useful to you. And suppose you are not able to read your writing, it will be helpful to somebody else. You should write very nicely. Anywhere you find good, you please write in diary, in your diary. You carry diary anywhere. You can't carry the books all the time.

Krishna willing we shall continue to hear more nectar from Maharaj in the subsequent offering.

Hare Krishna.
Thank you very much,
Yours in service of Srila Prabhupada and Srila Maharaja,
Srilakshmi devi dasi,
Kurnool.

Austerity is Required - Part 8

Date: 2019-06-18

Author: Srilakshmi devi dasi

Hare Krishna Prabhujis and Matajis,

Dandavat pranams. All glories to Srila Prabhupada and Srila Gurudeva.

This is in continuation of the transcription of the nectarean classes given by our beloved spiritual master HH Mahavishnu Goswami Maharaj on Srimad Bhagavatam verse 11.7.45. In the previous offering we heard from Maharaj that by rejecting pure devotees, we get destroyed. Maharaj also informed on the things which we have to be satisfied (spouse, wealth, food) and which we should not be satisfied (scriptural study, chanting, charity). Now we shall see further.

Maharaj: "*svaadhyaaya* must never be ended. It's not that, "I have read Bhagavatam, now I don't require." No its again and again and again and again. And every time you read or you try to think about it, new things will come out, new things will come out. Yesterday we saw about the rasa. It's all new, I never spoke like (that before). Please - this thing about the example of the mouth - one of the best example of how wonderful creation is there from Krishna. How can you forget Krishna? It's not only that. But see, we always sit like this. (Maharaj showing sitting posture) we are always sitting like this. And every moment of our existence, the blood is supplied to the brain - how it is possible. You always sit like this. We don't sit on the brain. Only for exercise they do - shirshaasan, the head is down and the legs are up. Otherwise always your head is up and even then the blood is supplied every moment. Who does it you know? This is how.

And for blood circulation also, there must be some cavity in your body. Otherwise the circulation will not be there. And cavity means austerity. The more austere you are, the body will have cavity. The more you are prone to enjoy, or more eating or more sleeping or whatever - it is obstruction. Cavity reduces. Excess eating, they call it cholesterol now. Formally we didn't hear about heart disease at all. Cholesterol was completely out of our conceptual power. We never conceived that there is something like cholesterol and now everywhere, "your cholesterol is increased, your cholesterol is high." -Why? Because the austerity is gone.

We were 25 people staying in the joint family house. Not a single chair was there. No bed. We didn't know what bed was. Means we have to be austere. You have to sleep on the ground. During day time, all the beds were kept aside. There was thin beds, cotton beds - pathaadi - we call it as just mattress you know. Then we roll the mattress and keep it at one side. During the day there was no mattress in the house. And now the bed is ready - Any time boom, "I am not well." Arey man you are on the bed. That's why you are not well. Get out and you will do well. Austerity - we don't know austerity at all. But we haven't seen the austere situations in our own houses, the moment we get beds under the name of the advancement. As it is the houses are small and in that again the beds are there. How austere those people were there and they were all healthy. The arthritis was not heard. There was no arthritis. They have to sit down. How many times? And all our kitchens are sitting kitchens. Never my mother stood, they are making so many chapathis and dough you can see so much dough was there for the whole family chapathis."

Krishna willing we shall continue to hear more nectar from Maharaj in the subsequent offering.

Hare Krishna.

Thank you very much,

Yours in service of Srila Prabhupada and Srila Maharaja,

Srilakshmi devi dasi,

Kurnool.

Austerity is Required - Part 9

Date: 2019-06-19

Author: Srilakshmi devi dasi

Hare Krishna Prabhujis and Matajis,

Dandavat pranams. All glories to Srila Prabhupada and Srila Gurudeva.

This is in continuation of the transcription of the nectarean classes given by our beloved spiritual master HH Mahavishnu Goswami Maharaj on Srimad Bhagavatam verse 11.7.45. In the previous offering we heard from Maharaj about how wonderfully Krishna has arranged blood flow and other systems in the human body. Maharaj also happily recollecting how his parents, grand-parents all led an austere life. Now we shall see further.

Maharaj: Our grandmother was always hungry you know. Morning she will get up at 5 'o clock. Since then she will work very hard. So naturally she was very hungry. And our grandfather, he starts the pooja at 10'o clock in the morning and it goes upto 2 'o clock. There used to be fight between dada and dadi. Because dadi wanted to eat and till he finishes she can't eat. So there was always shouting. And we people were enjoying, we children were. She was shouting, "when are you finishing your pooja?" He says, "You go on." She says, "I can't eat till you finish." (laughter) And then at the end what she will do, she tries making chapathis. She will be always there making chapathis from the on the wooden stove you know. So she will make chapathis, take one chapathi and sabji was there and just eat it (laughter).

Please these things are still in front of our eyes and they were very austere. Never they sat on the chair. Never and she was very old, nearly 90 years old. She was making chapathis. Because unless she makes the chapathis, she cannot get anything to eat - so two morsels atleast. Please this is how, they were very simple very simple. No hot water at all. Cold water - as soon as they got up cold water shower was there and health was very nice.

And her name was Mathura bai, my grandmother's name, father's mother. So she wanted to die in Mathura. So she was sick. Then my uncle took her to Mathura and she didn't die there (laughter). She now wanted to go back. So they were packing back and next day morning she died. ***She died there and she told, "Now I am going." That's it. They knew that they are going to die. This is the effect of the austerity and pure, pure mind. No attraction, no enjoyment, no excessive material enjoyment. That was the our root culture and that time also we are under the rule of Muslim or Britishers or whatever. But the society was very pure and now the society is completely contaminated and so many unnecessary stresses created to the mind. Even now, if you follow Prabhupada we will be stress proof, not any stress. Please remember human existence is very rare this is not meant for stress. Come what may the things will be taken care of by Krishna and we catch His lotus feet. This is the best austerity now. There is no other way we can survive in these circumstances.***

Krishna willing we shall continue to hear more nectar from Maharaj in the subsequent offering.

Hare Krishna.

Thank you very much,

Yours in service of Srila Prabhupada and Srila Maharaja,

Srilakshmi devi dasi,

Kurnool.

Austerity is Required - Part 10

Date: 2019-06-20

Author: Srilakshmi devi dasi

Hare Krishna Prabhujis and Matajis,

Dandavat pranams. All glories to Srila Prabhupada and Srila Gurudeva.

This is in continuation of the transcription of the nectarean classes given by our beloved spiritual master HH Mahavishnu Goswami Maharaj on Srimad Bhagavatam verse 11.7.45. In the previous offering we heard from Maharaj about how grand-parents led simple, pure, stress free and austere life. Maharaj added that even now we can have that life if we follow Prabhupada and hold on to lotus feet of Krishna. Now we shall see further.

Maharaj: The continuous demoniac things are hammered on our brain, even if we don't want. The advertisements are demoniac, television is demoniac, electronic things are demoniac. Everything is demoniac around us. How can we get a good association? Its only if we decide very seriously that, "I want to be austere", then only you will be saved. Otherwise you will never be saved. With all these demoniac things around, you are going to be victimized by these things. So please saving ourselves is in our own hands. Don't give in to these things. If you don't belong to this area, then you are austere. Then we go on with our chanting or whatever.

We don't care for others at all. hata trapah pathan; hata trapah is the best word in the first canto of Bhagavatam (SB verse 1.6.26). hata trapah means ignore the material standards. What other people will say, that we will see. Don't worry about other people. You please run after Krishna and you will be completely safe in these circumstances also. Krishna is the very safe shelter. All other shelters are going to crumble and therefore our own destruction (will be there). But we should try to come to this firm shelter and be at ease in any circumstances and then you will be happy. Otherwise the circumstances are going to test us all the time. Those who are not married they want to marry, those who are married they want to be separated. Those who are married and not happy they want children. Those who have children they don't want children. Man, what do you want? Decide one's for all. (laughter)

Srimad Bhagavatam verse 11.7.45 is the best one for austerity. Now we go to the next verse 11.7.46

*kvacic channah kvacit spashta /upaasyah shreya icchataam
bhunkte sarvatra daatnaam /dahan praag uttaraashubham*

(Maharaj recites the verse and helps devotees in pronouncing and asks them to read the equivalents and translation and purport)

"A saintly person, just like fire, sometimes appears in a concealed form and at other times reveals himself. For the welfare of the conditioned souls who desire real happiness, a saintly person may accept the worshipable position of spiritual master, and thus like fire he burns to ashes all the past and future sinful reactions of his worshipers by mercifully accepting their offerings."

Jai Srila Prabhupada ki Jai. The thing is that we should never be puffed up you know by the praise. Otherwise, there is natural tendency. If somebody praises us, we become puffed up, this should be avoided. Otherwise the saintly nature will not be there. Once we understand this point, then we can follow the saintly nature very nicely. And regarding the spiritual master's position, you all have to be spiritual master of somebody because you are directing. Always we are directing, we are taking the help of Prabhupada's books and we are advising anybody and everybody. So wherever we advice, he (that person) sees you as spiritual guide and he is going to be indebted to you. May be he gives offerings - this or that. But we should not be attracted to those things. (If we are attracted) then our spiritual standard goes down. This is the thing. Everybody has to become spiritual master. And the preaching is absent, sincere preaching is absent. That's why the society is going bankrupt spiritually. Everybody has to preach. Prabhupada was always telling that.

Krishna willing we shall continue to hear more nectar from Maharaj in the subsequent offering.

Hare Krishna.

Thank you very much,
Yours in service of Srila Prabhupada and Srila Maharaja,
Srilakshmi devi dasi,
Kurnool.

Austerity is Required - Part 11

Date: 2019-06-21

Author: Srilakshmi devi dasi

Hare Krishna Prabhujis and Matajis,

Dandavat pranams. All glories to Srila Prabhupada and Srila Gurudeva.

This is in continuation of the transcription of the nectarean classes given by our beloved spiritual master HH Mahavishnu Goswami Maharaj on Srimad Bhagavatam verse 11.7.45. In the previous offering we heard from Maharaj about how current atmosphere is very demoniac because of influence of TV and other electronic gadgets and so unless we determine seriously to be austere, we can't be saved. Maharaj also insisted how we should not be misled by name and fame which we might get when we are trying to guide someone spiritually. Now we shall see further.

Maharaj: The point is that spiritual master's position is very unique and everybody has to be that. These qualities have to be grained in us. And because the limited sphere is there for preaching, that's why the society is not guided properly. You please take the help of the Prabhupada books and guide the society very nicely. The more you follow the regulated principles, the more firey you will become. And don't run after the material positions or increase your positions by begging or by asking of the offerings or something. You should never do that in our dream also. Otherwise the bankruptcy matters start from there. Attachment is there, the bankruptcy is there. You will completely, completely be devoid of any desire. That verse you should remember - What is it (Srimad Bhagavatam 1.6.26)

*naamaany anantasya hata trapah pathan
guhyaani bhadraani krtaani ca smaran
gaam paryatams tushta-manaa gata-sprhah
kaalam pratikshan vimado vimatsarah*

(Maharaj guides the devotees in reciting the verse.)

"Thus I began chanting the holy name and fame of the Lord by repeated recitation, ignoring all the formalities of the material world. Such chanting and remembering of the transcendental pastimes of the Lord are benedictory. So doing, I traveled all over the earth, fully satisfied, humble and unenvious."

This verse should be remembered for preaching. And being a spiritual master or whatever, this naamaany anantasya hata trapah pathan - always chant Krishna's names - hata trapah, ignoring material strengths.

Krishna willing we shall continue to hear more nectar from Maharaj in the subsequent offering.

Hare Krishna.

Thank you very much,

Yours in service of Srila Prabhupada and Srila Maharaja,

Srilakshmi devi dasi,

Kurnool.

Austerity is Required - Part 12

Date: 2019-06-22

Author: Srilakshmi devi dasi

Hare Krishna Prabhujis and Matajis,

Dandavat pranams. All glories to Srila Prabhupada and Srila Gurudeva.

This is in conclusion of the transcription of the nectarean classes given by our beloved spiritual master HH Mahavishnu Goswami Maharaj on Srimad Bhagavatam verse 11.7.45. In the previous offering we heard from Maharaj about the importance of following the regulation principles and not running after the material positions. Now we shall see further.

*naamaany anantasya hata trapah pathan
guhyaani bhadraani krtaani ca smaran
gaam paryatams tushta-manaa gata-sprhah
kaalam pratikshan vimado vimatsarah*

"Thus I began chanting the holy name and fame of the Lord by repeated recitation, ignoring all the formalities of the material world. Such chanting and remembering of the transcendental pastimes of the Lord are benedictory. So doing, I traveled all over the earth, fully satisfied, humble and unenvious."

This *naamaany anantasya hata trapah* is very important word - ignoring the material stranded. Material standards are that we don't raise the hand on the road. And even then, while chanting we raise the hands. Please material standards should be completely ignored. *naamaany anantasya hata trapah pathan, guhyaani bhadraani krtaani ca smaran* - always remember the pastimes of Krishna which are very auspicious in themselves.

And *gaam paryatams* - means you have to move. *gaam* means planets you have to move from one planet to another planet which is not possible at the moment. So you move around this planet. You move around. If you are not able to move around this planet, then atleast you move around in your own city, wherever you are there. Go off from house to house. That is *gaam paryatams - tushta manaah* - completely satisfied in mind. The spiritual guide must be completely satisfied in his mind and *gata sprhah, tushta manaah gata sprhah* - there is no desire. With the desire you should not move around. *gata sprhah and kaalam pratikshan*. And in this way you should wait for your own kaal. Everybody has to die. So wait for your death. So *kaalam pratikshan vimado vimatsarah*. Don't be proud of it, *vimada* - without any 'mada', *vimatsarah* - without any envy. This verse should be ingrained in our mind and then you will be honest spiritual guide. This is the purport of this verse which we are reading at the moment. (Srimad Bhagavatam 11.7.46)

Heartfelt thanks to Maharaj for insisting on the importance of austerity in our lives.

Hare Krishna.

Thank you very much,

Yours in service of Srila Prabhupada and Srila Maharaja,

Srilakshmi devi dasi,

Kurnool.